

Welcome

to the TMS Therapy treatment program. Our TMS team looks forward to caring for you during your treatment.

Meet the team:



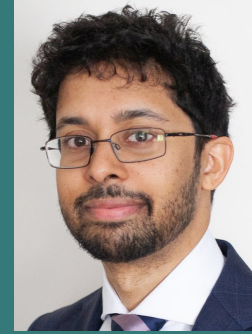
Lydia Pilkington
Admin support



Leighah Reid
Lead TMS Nurse



Dr David Tadj
Practice Principal



Dr Shane Wick
Consultant
Psychiatrist

Treatment tips

- Your treatment appointments will be the same time each day.
- Please be sure to arrive on time to your appointment each day.
- We recommend you bring your own in-ear headphones to listen to music/podcasts during your treatment sessions.

TMS Safety Checklist

- You must have had at least 4 hours sleep.
- You cannot have had more than 4 standard alcoholic drinks.
- You need to advise us of any medication changes (benzos, tricyclic antidepressants, lithium)
- Metal earrings and hair pins need to be removed (or sign a waiver stating the risks have been explained and you wish to proceed).
- Your hair must be dry.
- Ear plugs are offered as there is small risk of hearing loss. You may decline ear plugs at your own risk.

Mid-treatment review

You will be scheduled for a mid-treatment review with Dr David Tadj approximately two weeks into your treatment. **It is very important that you attend this review** so that we can ascertain if any tweaks need to be made to your protocol to ensure the best possible treatment.

Changes to schedule

Please be sure to contact us as soon as possible if you are unable to make your appointment. Any changes you require to your schedule can be discussed with your TMS nurse.

Concerns or queries

If you have any concerns or queries regarding your treatment program, please contact the TMS Team:
tms@pioneerhealth.com.au • 9842 2822 (ask for Lydia)