



QUIT SMOKING

TMS THERAPY FOR SMOKING CESSATION

Smoking remains a major public health challenge in Australia and remains one of the largest causes of preventable death and illness in our community. Pioneer Health offers a TMS-Assisted Smoking Cessation Program (TMS-ASCP) to patients. TMS (Transcranial Magnetic Therapy) is a non-invasive, drug-free, and scientifically proven method that targets the root causes of addiction by stimulating specific areas of the brain responsible for cravings and withdrawal symptoms.

Contact us today to schedule a consultation and learn more about how TMS Therapy can help you overcome smoking addiction.

 **PioneerHealth TMS**

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THE QUIT SMOKING TMS PROGRAM



The TMS-ASCP program aims to assist smokers to quit and remain abstinent through a combination of psychological support, pharmacotherapy and TMS. TMS works by delivering magnetic pulses to the brain's prefrontal cortex, which regulates decision-making, behavior, and addiction.

WHAT IS INVOLVED?

Assessment You will have an assessment appointment with our Lead TMS GP which involves taking medical, medication and smoking history, assessing readiness to quit, providing information about TMS and, if proceeding with treatment, completing consent and other assessments. You will also receive instructions about what to do the night before your treatment begins.

TMS Mapping You will be booked for a mapping session where our clinicians determine the strength of the magnetic impulse required for your treatment and the optimal treatment spot for impulse administration.

TMS Program The program runs over 5 weeks:

Week 1 - 2	5 sessions per week
Week 3 - 5	1 session per week

