

# Transcranial Magnetic Stimulation (TMS)

**Drug-free treatment for depression, chronic pain and more.**



## What is TMS?

TMS is a non-invasive method of using electromagnetic pulses to stimulate the brain. TMS increases neurotransmitter molecule release and promotes growth of brain cells (neuroplasticity).

## What are the side effects?

Mild scalp discomfort and mild headache are the most common side effects. Patients can resume normal activities (including driving) immediately after a TMS session. There are no withdrawal side-effects.

## TMS on Medicare

TMS therapy has been listed on Medicare for treatment resistant depression. Patients who do not meet the Medicare criteria can still receive treatment. TMS is currently covered under WorkCover and DVA.

## What are the costs of TMS?

Patients with treatment-resistant depression are eligible for Medicare rebates for TMS therapy sessions. Your TMS sessions are bulkbilled. There may be standard fees for consultations with Dr David Tadj.

Patients not eligible for the Medicare rebate will be provided with a quote.



# Your Journey with TMS

## Referral

Your GP/psychiatrist will refer you to us for TMS therapy. A team member will contact you to book your first appointment.



## Initial Review & TMS Prescription

Our TMS Psychiatrist will have an in-depth review with you to ensure you are safe to proceed, obtain informed consent and prescribe the appropriate TMS therapy protocol.

## Mapping & Resting Motor Threshold

Our TMS Psychiatrist and TMS Technician will perform mapping and determine the RMT prior to the first treatment session.

## Treatment Phase

You will receive TMS up to 5 times per week for 6 weeks (30 sessions). This is followed by 2 weeks of weaning (5 sessions). We will regularly check to see if you're responding well to treatment.

## 4 months hiatus

## Maintenance Treatment Phase

Our TMS Psychiatrist will review you and assess the need for further TMS maintenance sessions. A further 15 TMS sessions are available to patients under current Medicare regulations. This makes for a total of 50 sessions (35 initial treatment and 15 sessions of maintenance treatment.)

TMS works best with frequent treatments. You must be able to commit to attending appointments 5 times per week to ensure the best results. TMS prescription and mapping can be done in advance for convenience and planning.



**Neuralia TMS**  
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